

VERMONT

Burlington : Park at Chimney Corners (take Rt. 7 North out of Burlington through Winooski and Colchester to Rt. 2 West) and go northwest to South Hero - great bike lane designated twelve foot wide shoulders the whole way (some turnoffs but moderate to heavy rush time traffic is highly visible) can go for thirteen miles one way. Two minor hills - road is in good shape with only occasional loose pebbles.

Chester: Great wide shouldered road almost the entire fourteen mile distance - town limit to town limit - between Chester and Bellows Falls. Two short screamin' descents (and corresponding climbs) and moderate to heavy (for Vermont) traffic. Oh well, can't have it all.

Stowe: The Bike Path in Stowe is great, but very flat. You need high resistance skis to get a workout but it's sure nice to not have 18 wheelers blasting by.

West Halifax: A good location is in West Halifax, VT (west of Brattleboro) begins at the West Halifax Elementary School. It follows Branch Road to Green River Road (there are signs) and continues until the pavement ends. Total length one way is about 11 miles. Upside: rolling terrain, no suicidal downhills, generally good pavement, shady in summer and light traffic. Downside: you must go out and back no loop. -J.A.